

Week 1

4/9/2017, 25/9/2017, 16/10/2017, 13/11/2017, 4/12/2017,
4/1/2018, 22/01/2018, 19/02/2018, 12/03/2018

MONDAY

Beef Burger in a Roll
Or
Slti Fried Vegetable Wrap
Salad Counter: Egg
Jacket Potato Wedges, Colelaw, Salad
Chilled Choc Custard with Pears

TUESDAY

Cheese & Tomato Puff
Or
Chicken Koroma
Salad Counter: Ham
Savoury Rice
Medley Roast Vegetables, Fresh Broccoli
Banana Muffin and Custard

WEDNESDAY

Roast Pork
Or
Sweet Potato and Vegetable Stew
Salad Counter: Salmon
Roast Potatoes, Fresh Carrots, Fresh Cauliflower
Strawberry Jelly with Fruit Salad

THURSDAY

Pasta Bolognaise
Or
Quorn Koroma with Rice (ww)
Salad Counter: Quiche
Pasta 50% Wholemeal, Green Beans, Sweetcorn
Jam Roly Poly and Custard

FRIDAY

Fish Fingers
Or
Vegetable Lasagne
Salad Counter: Cheese
Chips, Pears, Baked Beans
Chocolate and Beetroot Brownie



Week 2

11/09/2017, 02/10/2017, 30/10/2017, 20/11/2017,
11/12/2017, 8/1/2018, 29/01/2018, 26/02/2018, 19/03/2018

MONDAY

Chicken Meat Balls in a Rich Tomato Sauce
Or
Veggie Sausages
Salad Counter: Egg
Penne Pasta (ww), Green Beans, Sweetcorn
Pineapple Crumble and Custard

TUESDAY

Cheese and Tomato Pizza
Or
Roast Vegetable Tart
Salad Counter: Ham
Herby Diced Potatoes, BBQ Baked Beans, Mixed Salad
Orange Jelly with Peach Slices

WEDNESDAY

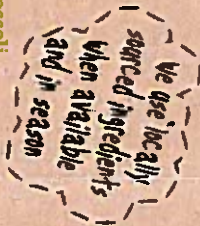
Roast Gannnon
Or
Spinach and Mushroom Lasagne
Salad Counter: Quiche
Roast Potatoes, Cabbage, Carrots
Strawberry Mousse

THURSDAY

Cottage Pie
Or
Vegetable Pitta/Wrap
Salad Counter: Gannnon
Mexican Rice (ww), Medley Vegetables, Broccoli
Orange Sponge And Custard

FRIDAY

Seaside Fish
Or
Mexican Bean and Cheese Wrap
Salad Counter: Tuna
Chips, Tomato/cucumber, Pears
Chocolate Oaty Squares



Week 3

18/9/2017, 9/10/2017, 6/11/2017, 27/11/2017, 18/12/2017,
15/01/2018, 05/02/2018, 05/03/2018

MONDAY

Sausages in a Onion Gravy
Or
Sweet Tomato Pasta
Salad Counter: Tuna
Mashed Potatoes, Sliced Green Beans, Carrots
Ice Cream

TUESDAY

Chicken Puff Pie (Gravy)
Or
Country Bake
Salad Counter: Egg
Jacket Wedges or New Potatoes
Sweet Corn and Peppers, Broccoli
Apple and Pear Crumble with Custard

WEDNESDAY

Roast Turkey
Or
Vegetable & Lentil Curry
Salad Counter: Ham
Potatoes, Pears, Cauliflower
Fruit Flapjack

THURSDAY

Beef Lasagne
Or
Quorn Paella
Salad Counter: Turkey
Garlic Bread, Roasted Vegetables, Mixed Salad
Yogurt and Fruit

FRIDAY

Breaded Fish
Or
Bean & Quorn Taco
Salad Counter: Cheese
Chips, Salad, Baked Beans
Lemon Drizzle Cake (Custard)



Served Daily - Freshly baked bread, Freshly sliced fruit, yogurts and fresh drinking water.

Bread/Pasta/Potato/Cheese is offered with the Salad selection

Smile food that makes you happy